



*For showing qualities of an  
OMMS Knight:*

|             |              |
|-------------|--------------|
| *Honor      | *Empathy     |
| *Courage    | *Persistence |
| *Work Ethic | *Kindness    |
| *Respectful | *Responsible |

*Teacher of the Month: Mr. Guffy*  
7th and 8th Grade Social Studies

\*I teach because I enjoy working with kids and seeing the growth that comes with teaching and coaching. I coach wrestling in the Winter and Spring.

\*I was a Colonies Aid in the United States Army and worked for two full bird Colonies earning the rank of Specialist

\*I Love the outdoors: camping and fishing in the summer; hunting, especially bird hunting with my bird dogs in the fall, and winter and cutting wood in the fall, turkey hunting in the Spring.



## School of Choice Window 2019/2020 School Year

- ◆ Opens on March 4<sup>th</sup> at 10:00 a.m. and closes on March 29<sup>th</sup> at 4:00 p.m.
- ◆ Letters will be sent home explaining the application procedure.

### Counselor's Corner:

As each of us go through our daily routines, it is easy to think on all the negative things people say and do that can be hurtful and taken personally. But what if we took a minute to spread some kindness? Science proves that spreading kindness builds self esteem in the giver and the receiver, and is contagious. What kind of community could we have if everyone spread a little kindness?

**Kindness = ,The quality of being friendly, generous, or considerate.** In other words, kindness is a decision, sometimes a difficult or uncomfortable decision, to show another person friendship, to give to others, or to consider how another person might be feeling.

Kindness is rarely random. Be intentional about the kindness you give. Encouraging your kids to actively seek out the friendless, the needy, and the hurting, is more likely to inspire our teens to be kind and set the example for their peers.

Leading by example, sharing & caring, creating a community to be proud of, this is our hope for these young Knights at OMMS. Opportunity to share those skills and ideas is the next step.

**Be Inspiring!**

**Support your school's sport teams!**

\*Wrestling schedule on the website.



Make a Report  
Make a Difference

**Safe2tellco.org**  
**1-877-542-7233**



Mind Springs Health Crisis Line: 1 (888) 207-4004

The National Lifeline: 1 (800) 273-8255

Crisis Text Line: Text 741741

Visit Safe2Tell.org or use the Safe2Tell app

911 can always be called in the event of a mental health crisis!

### Riverside Educational Center

OFFERS: homework help & tutoring, games, activities, & field trips.

Where: OMMS Library

When: Monday thru Thursday

Hours: 2:45 to 5:15

FREE!

Pick up a registration packet from the OMMS Office

### OMMS School Website

Visit: <http://omms.mesa.k12.co.us/>

- ◆ Get the latest news about our new building, including very cool progress pictures.
- ◆ Sports happenings & schedule
- ◆ Staff directory & contacts information
- ◆ All important school information
- ◆ Important links for parent info & support



Cheri Vana, Principal  
Jason Eiding, Assistant Principal  
Sandy Reams, Secretary  
Joni Spence, Attendance Secretary

School District Website: [www.mesa.k12.co.us](http://www.mesa.k12.co.us)  
OMMS Website: <http://omms.mesa.k12.co.us/>



### February/March 2019

\*February 18 - President's Day/NO School  
\*February 19 - Vision/Hearing Screening  
\*February 20 - Knights of Excellence Breakfast  
\*February 22-23 - Choir/Orchestra Solo/  
Ensemble Contest - GMMS

\*February 25 - Teacher In-Service/NO School  
\*March 11 - Teacher Work Day/NO School  
\*March 13 - Knights of Excellence Breakfast  
\*March 18-22 - Spring Break



#### *A note from the principal. . .*

Parents,

February and March are difficult months for students and staff. Teachers are working very hard to deliver important content and students have already become somewhat restless as we all anticipate Spring Break. All students have been introduced to our four new school rules and in the next couple weeks will learn a new system that teachers will implement to improve on task behavior and increased learning in our classrooms. This system is called the 5R's. (Redirect, Remind, Reflect, Reset, Restore). Teachers will be fully trained in the process on February 25<sup>th</sup> during their in-service time and then in turn provide the training for our students in the week that follows.

On a different note, we have experienced an increase in physical altercations, student conflict and un-necessary drama in the last month. I believe many of these situations can be avoided if the students that are not directly involved were not promoting this kind of behavior. Those students that continue to promote fighting and participate in drama that leads to an altercation will also be subject to disciplinary consequences. We want our students to promote positive behavior and help each other find positive solutions to normal conflict that occurs during the middle school years. We have a strong counseling team that is dedicated to help students find these solutions. Please contact Ms. Wright or Ms. Dardis if you feel your student needs support.

Finally, after Spring Break during the month of April we will be administering the state mandated CMAS test to all students. Please do your best to plan ahead and avoid scheduling appointments or vacations during the testing window. A more detailed testing schedule will be coming out in the next couple weeks. We will communicate specific grade level schedules as those become available.

Thank you for your continued support. If you have questions or concerns, please contact the front office. Your input is very valuable to me.

*Cheri Vana*



#### *Valentine's Day*

\* Valentine's Day is a wonderful time of expressing your love to your child. Since your children's learning needs are of the utmost importance, and to prevent other students feeling left out because of not receiving anything on this day, we ask that your gifts and expression of love be done at home.

It would be a great help if you do not have anything delivered to the school on the 14th. Anything that does arrive for students will be held till the end of the day and at 2:40 p.m. your student will come to the office to pick up the gift. Please understand it will not be possible to deliver to students individually, and parents will not be able to take gifts to the classroom.